







Established in 1997, we have been coaching for over 20 years. We specialise in coaching senior working parents and working parents of high potential one-to-one and in groups. We train and supervise internal coaching networks.

Our services

Unique Depth Coaching

Support during significant life transitions requires something deeper and more sustainable than traditional linear maternity and paternity coaching.

We call it depth coaching. It's the next generation of coaching, drawing from the fields of psychotherapy, traditional coaching and mindfulness.

Our model supports working parents no matter where they are on their parenting journey, expectant, new parents and experienced parents.





It's powerful because it comes from you. It's much harder work than any other coaching I've done and it is profound; the sessions are immediately very deep, there's no messing around.



Curious?

We would love to hear from you

If you have an appetite for diversity, closing the pay gap and investing in coaching that works, invite us in for a genuine conversation.

We will listen, share with you our latest thinking and talk about how we can help.

You won't get a sales pitch. You won't be bombarded with emails. You will be inspired.

Our clients and coachees are best placed to tell you about our impact and what it is like to work with us. If you want to have that conversation directly we can put you in touch.

Contact

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The Working Parent Co.



I would have left my role if I hadn't had this support from my coach. Working with her gave me the confidence to know my boundaries, to let myself succeed and to believe in myself.